



No Limits to Learning!

Child's Name _____

Year Group 3

Class _____

Coverage of PSHE UNIT 'Changing Me' Summer 2023.

Learning Intention	Content including Vocabulary	✓/X
<p>To understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow.</p> <p>Y3</p>	<p>Show the BBC Learning Clip 2250: An introduction to life cycles, showing a compilation of clips set to background music and based on the theme of life cycles. Includes images of seed dispersal, eggs, bees, seedlings growing, eggs hatching, caterpillars, pupae, a calf, and a human baby. Ask the children to think about what life cycles they saw on the clip; play it again if necessary to draw out the main life cycles shown.</p> <p>Clarify for the children what a life cycle is and how things grow and change from a baby to an adult.</p> <p>Discuss that a baby needs love and affection as well as physical needs such as milk, nappies, clothes, cot, teddy,</p> <p>Ask the children to think about how the life of a baby starts out. Where does it begin to grow? How does it grow? The children may share that it grows inside the mother.</p> <p>Show child friendly diagrams of the different stages of a baby growing inside a mother's womb /uterus and explain to the children that the baby grows inside the mother's womb/ uterus and gets all its nutrients in order to grow from the mother.</p> <p>Vocabulary:</p> <p>Baby, grow, uterus, womb, nutrients, survive, love, affection, care etc</p>	
<p>I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up</p> <p>understand that boys' and girls' bodies need to change so that when they grow up their</p>	<p>Explain that everyone is going to learn about an important change which happens gradually to everybody - for the children it will start sometime in the next few years and carry on into their teens.</p> <p>Introduce the term puberty. Ask whether anybody has heard the word and/or knows what it means. Explain that it refers to the collection of changes that will gradually change their bodies from a child's body into an adult's body. Say that the lesson today will only look at changes on the outside of the body.</p> <p>Emphasise that puberty is a natural part of growing up for everyone.</p> <p>Lay a large outline figure of a body on the floor in the centre of the group.</p>	

<p>bodies can make babies</p> <p>I can identify how boys' and girls' bodies change on the outside during this growing up process</p>	<p>One by one, read out the Body Change Cards. Ask the children to think if each change applies to a girl. Ask the children to place the cards that apply on the figure.</p> <p>Remove all the cards and then repeat the activity, but this time focusing on changes for boys.</p> <p>Show the PowerPoint slides to reinforce physical changes from child to adult in males and females.</p> <p>Say that these body changes happen at a different time and pace for each person because our bodies are all unique. Offer reassurance that if they are worried about any of the changes, they can talk to a trusted adult about them.</p> <p>Vocabulary</p> <p>Change, puberty, control, breasts, penis, testicles, pubic hair, sperm, ova, vagina</p>	
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Parent Carer Name _____ Parent/Carer Signature _____

Authorised by the Headteacher: _____ Date _____